Me in My ZONES
This is a picture of me in the **BLUE ZONE**:

My face and body clues are:

- ![Clue 1](image1)
- ![Clue 2](image2)
- ![Clue 3](image3)

I feel in the **BLUE ZONE** when:

I am more likely to make others feel:

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This is a picture of me in the **GREEN ZONE**:

My face and body clues are:

1. 
2. 
3. 
4. 

I feel in the **GREEN ZONE** when:

I am more likely to make others feel:
This is a picture of me in the **YELLOW ZONE**:

My face and body clues are:

1. [ ]
2. [ ]
3. [ ]

I feel in the **YELLOW ZONE** when:

I am more likely to make others feel:
This is a picture of me in the **RED ZONE**:

My face and body clues are:

1. 
2. 
3. 
4. 

I feel in the **RED ZONE** when:

I am more likely to make others feel:
Directions:
Staple all the pages together except for this one. Cut out and glue the headings below to the page opposite the picture of him or her in the corresponding colored zone. For example: When the book opens to This is a picture of me in the Blue Zone page, the heading on the left side page opposite it will be: When I’m in the Blue Zone, I can try these Blue Zone tools (tools are covered in lessons 10-12).

When I’m in the Blue Zone, I can try these Blue Zone tools:

When I’m in the Green Zone, I can try these Green Zone tools:

When I’m in the Yellow Zone, I can try these Yellow Zone tools:

When I’m in the Red Zone, I can try these Red Zone tools: